STRATHERRICK & FOYERS NEWSLETTER

May 2022 Issue Number: 33

SPECTACULAR SUMMER OF EVENTS!





KEEPING OUR ANIMALS SAFE THIS SPRING

PROGRESS
BEING MADE
WITH
COMMUNITY
ACTION
GROUPS



and... your questions answered





CHAIR'S REPORT

Another busy month has flown in! It has been really encouraging that many people have taken part in our CAP action discussions and projects are now being taken forward by members of the community who have dedicated their own time, skills and expertise. We hope that more people will come forward as these projects progress and that some of you might even consider joining us as a volunteer director on the board of SFCT. If you are interested in any of the projects coming out of the community action plan, please get in touch and we can help you to take part and get involved.

This month we invited you to join us at the Wildside Centre, every Wednesday, if you would like to use this space as an office or study day – a great opportunity as a 'change of scene' from your own home office, or to meet up with others and use the facilities on offer at the centre. Please spread the word that the centre is available for work/study days to help make it a success.

The Wildside steering group met last month and put some ideas on paper for a longer term vision for the building and surrounding grounds. This included a BBQ area with seating, play equipment, extension to the building, commercial kitchen space and access to toilets from

the grounds. We hope to work with an architect to develop some visuals and share these to give everyone a better idea of what we might see in this space in the coming years. If you would like to help in developing plans for the centre please email and join our mailing list.

Our Fundraiser, Sarah, has been busy organising the Crafters and Crofters market days, and the first one is this Saturday, 7th May. Please come along to support your local businesses, big and small, and help to make these a success for all.

Kirsty Balfour, Chair, S&FCT

COMMUNITY ACTION GROUP MEETINGS

There's been lots happening since the Community Action Plan was published at the end of last year and a series of action groups have been set up to make sure that all the important elements of the plan are taken forward. Anyone can join in – please contact Tony Foster if you would like to get involved, tonyceo@sfctrust.org.uk.

Below are notes from two of the most recent group meetings – Our Homes and Organising ourselves.





OUR HOMES: INTRODUCTION

This note refers to one of 5 initial meetings held in March 2022 on each of the 5 action themes contained in the Community Action Plan. This meeting was about the Our Homes action area. More detail about that action area can be found in the full Community Action Plan.

The Our Homes action area has 4 priorities:

- Affordable community-owned homes
- Specialist accomodation: elderly | respite | care

- Zero-carbon homes for all
- Affordable broadband for all

2 MAIN DISCUSSION POINTS Affordable community-owned homes

Housing is being considered at Inverfarigaig by the Communities
Housing Trust - a new consultation is apparently due to start soon. There are a range of views for and against. SFCT is considering purchasing land for possible housing at the Wildside in Whitebridge. There are other potential sites too, and acquisition of land is not as difficult as it used to be now that there is community land legislation. New homes are inevitably controversial and location of

new housing needs careful consideration, as Inverfarigaig demonstrates.

Suggestions to address this included:

- Are there locations which would be less controversial? For example in Gorthleck, where CHT and Albyn HA own land, or at Foyers Bay?
- Should we do mini-plans for each village with community engagement to tease out how they could look in the future with all aspects of the Community Action Plan? e.g. playparks, housing, community hub, safer routes, paths etc.

If developments go ahead, SFCT could take on ownership/management of the homes on behalf of the community once they have been completed, for example to rent to local folk. We need more committed local folk to support the development of housing – e.g. a working group. We need to commission a Housing Needs Assessment. This will be required as evidence for any external funding bids for new housing. It is a specialist report that assesses local housing need and demand, and identifies the type of housing and tenure that is required.

Specialist accommodation: elderly | respite | care Input from BCC:

- BCC is currently doing a community survey (everyone urged to complete it by March 27th closing date), which will inform its strategic planning and where it focusses its energies.
- BCC is interested in looking at affordable community housing sites to incorporate 'fit homes' for those who are less able physically to remain in the community. These shouldn't be in isolation but part of a wider development. Fort Augustus, although it is a bigger community, has addressed this recently.
- 'Respite at Home' is a system that can be adopted by BCC's current care provider, Highland Hospice, with a view of providing care overnight or for a few days as respite for family carers. But this would require a bigger workforce of carers which currently BCC is finding difficult to attract, even with the added bonus of travel and mileage payments. Noted that not everyone knows what specialist accommodation and provision is already available locally, from the community, local authority and others (e.g. access to respite care in Fort August was mentioned).

It would be good to establish the scope of what is available locally for all ages, share that information publicly, and then identify the gaps (remembering that other small Highlands and Islands communities have created progressive care centres, like Jura and Mull, so folk can stay locally).

Zero-carbon homes for all

We need to make sure we look at improving existing homes as well as building new ones, and that they stay in use. There are valuable existing local services like the Care and Repair service (providing advice and funding for home adaptation as people's health needs change, through the Council and occupational therapy). Steven Watson in SFCT has good knowledge of these and can help point people in the right direction. More generally, individuals know the weaknesses in their own homes - rather than force uptake of specific improvements, it was suggested it's better to have more low carbon home improvement grants that enable individual flexibility (provided that SFCT funder requirements about collective rather than individual benefit are satisfied). Need to make sure that grants are available to the people who need them most. Fintry was cited as a good example: more information at fintrydt.org.uk/how-we-can-

Affordable broadband for all

SFCT has a contract with Cromarty Firth Wireless Network to broaden thaaeir provision to more homes - if people are interested, they should contact CFWN.

3 ACTIONS

Prepare a brief, tender and commission a Housing Needs Assessment

Rural Housing Scotland and Communities Housing Trust may be able to undertake the work for free; consultants would need to charge. The brief should cover the following elements, and should be discussed with BCC:

- New-build housing and improvement of existing homes:
- Low cost housing for local folk, including young people, workers and those leaving tied housing.
- Temporary/seasonal accommodation for workers.
- Specialist accommodation such as respite, care, sheltered etc.
- Scope for improvements or grants to existing homes.
- Adaptations so that people their homes so that they can stay.

Set up a community housing working group

This should have representation from SFCT, BCC and other interested individuals (folk in need of housing and others with relevant specialist expertise), to take forward housing-related issues.

Establish what care and specialist accommodation is already available locally, for all ages Work with BCC to established what is already available, share that knowledge around the community, and use it to identify gaps.

Signpost people to advice and funding about home improvements

SFCT should compile and share information about what help is already available (like Care and Repair, above) to signpost people to advice and funding.



ORGANISING OURSELVES: INTRODUCTION

This note refers to one of 5 initial meetings held in March 2022 on each of the 5 action themes contained in the



Community Action Plan. This meeting was about the Organising Ourselves action area. More detail about that action area can be found in the full Community Action Plan on

www.communityfuture.net.

The Organising Ourselves action area has 4 priorities. Each has a separate section in this note.

1 HELP PEOPLE INTO WORK:

More local jobs, apprenticeships and work experience.

What's happening or already planned?

SFCT has employed staff to do work and support voluntary groups, e.g. fundraisers

SFCT wants to create more apprenticeships, work experience and employment as part of community projects it is leading (e.g. the Riverside Field, former Errogie Church etc).

SFCT's Errogie Church project will have a specific aim of entrepreneurship (amongst others). This could take the form of supporting local people who want to set up small craft enterprises, for example creating an equipped workshop space, linking them with higher education expertise and so on.

SFCT is working up a business directory, which will support tourism in particular. What else needs to happen?

The existing apprenticeship scheme (run jointly by SFCT and Fort Augustus and Glenmoriston Community Company) needs new life breathing into it. The starting point might be SFCT-led projects. ACTION - Apprenticeship scheme: SFCT will contact Fort Augustus and Glenmoriston Community Company to reinvigorate the apprenticeship scheme, possibly also involving HIE.

An active business forum is needed, so that the local business folk can network and start doing things themselves:

- A few folk identified themselves as potential participants in the recent Skills Audit led by SFCT.
- Could start with an 'office day' at the Wildside for self-employed / homeworkers in the area - e.g. one day a week, use equipment, meet each other, with local 'skills champions' to share knowledge about their knowledge of expertise (e.g. accounting, mapping etc).
- Equipment could be useful for businesses and community groups: for example, equipment (printing, binding, IT network, pick up point for deliveries, hotdesking, conference facilities
- Connected with other themes, e.g. volunteer support (see section 2 below) and Getting About theme (so people can get to the Wildside) ACTION Business forum: SFCT will initiate.

2 SUPPORT VOLUNTEERING AND GROUPS:

Enable volunteers to enhance their skills and satisfaction, retain and enhance volunteer capacity.

What's happening or already planned?

SFCT Skills Audit has taken place over the last 2 months - about 40 people have participated so far, towards a target of 50 by end of March (10% of the local adult population). Next stage is for SFCT to put in place a programme of support for those people. This could link with equipment and support in the Wildside for example.

SFCT has created a simple system of supporting funding applications for SFCT and other external funding (through an initial simple 2 page form).

SFCT is helping community groups to build their capacity by employing professional staff capacity to help to deliver services. Fundraising is an obvious example. Another is the series of crafters fairs that SFCT is working to deliver. The first one will take place in May. These were previously organised by volunteers, now being done by a paid member of SFCT staff (Sarah).

Coming out of COVID, volunteer capacity is reducing locally and across Scotland as people's circumstances are changing (e.g. they are able to see friends or family again who they haven't seen for a long time). It reflects the changing nature of volunteering and the need for volunteer support. ACTION - SFCT will continue to evolve its support services for volunteers and groups, and to consider how to address the changing nature of volunteering.

3 IMPROVE COMMUNICATIONS:

Co-ordinated printed and online community information, accessible to all. What's happening or already planned?

SFCT has been doing more on communications (Q+A sessions, website, delivering magazine hard copies to households etc). Responses to SFCT's "Pulse Survey" in late 2021 rated communications quite highly, but SFCT doesn't want to sit on its laurels – there is still room for improvement.

BCC's current community survey should produce valuable information for them and other organisations. What else needs to happen?

Information on how SFCT board reaches decisions is quite sparse: minutes are brief and don't communicate how the Trust's discussions and decisions normally reflect a variety of views in the local community. Could this be addressed? For example, would it be possible to make SFCT board meetings open to the public at least in part?

How should members of the 5 SFCAP action groups communicate with each other? There is lots of crossover between groups, and if members want to have informal contact without having to go through SFCT - e.g. meeting up to have a chat about a project – how would they go about it?

Various different tools, ego WhatsApp, each with different pros and cons.

Need to set up so that anybody can join the group.

Interesting points should be shared publicly, e.g. on the SFCT website. ACTION - investigate WhatsApp group or similar tool to enable folk to interact

outwith formal action group meetings.

Exciting engagement with the community is vital. We need to get more people involved, and engagement needs to be more exciting! For example, a stall about the CAP at SFCT events, more face to face contact, more focus on non-written comms to avoid people having to read everything on the website.

Should there continue to be separate SFCT / SFCAP websites, or should they be merged? This led to discussion about the sensitive balance between SFCT needing to be more professional and efficient, without local folk feeling managed or distanced. Need to be sensitive to removing people's sense of empowerment. ACTION – continue these discussions about broadening participation and role/perception of SFCT.

4 PLANNING AND PUBLIC SERVICES:

Work with public sector to ensure their plans and services reflect community aspirations.

What's happening or already planned?

Since publication of the Community
Action Plan, SFCT has met and updated
public bodies who may be able to
support delivery (e.g. The Highland
Council, Forestry and Land Scotland,
HIE, Highland Third Sector Interface).
ACTION – continue this liaison as
appropriate.

What else needs to happen?

Produce Local Place Plan to feed into Council decision-making – the next level of 'place planning' beyond the Community Action Plan, to enable people to see and influence how the CAP actions will 'land' in their community (e.g. playparks, housing, paths etc). These could be done as mini-plan by activity (ego outdoors and nature, getting about, homes) or by location. Should be done ACTION – SFCT to consider how to progress in collaboration with the Community Council.

Build the capacity of the Community Council. It's an essential organisation with a complementary role to SFCT and other organisations. But it struggles for membership numbers, including the CC/Trust liaison role. ACTION – SFCT/SFCC to think of exciting different new ways of enticing people to join these organisations

Tony Foster, Trust Manager, S&FCT

SPECTACULAR SUMMER OF EVENTS FOR STRATHERRICK & FOYERS!

THE QUEEN'S PLATINUM JUBILEE CELEBRATIONS

A few years ago, the Luvvies put on a production of 'Bunkered' by Lynne Brittney. As part of the stage set there was a traditional portrait of Queen Elizabeth on the wall; this has since been included in many of our productions.

Given the momentous occasion of the Queen's Platinum Jubilee, we, The Luvvies, feel duty bound to honour the portrait and host a celebration for the whole community to enjoy.

We hope you will be able to join us on Friday 3rd June to raise a glass to an amazing lady.

HIGHLAND GATHERING AT CORRIEGARTH ESTATE

SATURDAY 23RD JULY, 12NOON - 4PM

Corriegarth Estate has invited the community to use its grounds for a Highland Gathering. The event will be staged in a beautiful location in the shadow of the Monadhliath Mountains.

We are looking forward to celebrating the very best that our community has to offer. Local food and crafts, live music, livestock displays, pony rides, races, dog show and much more!

If you are a local business and can provide catering or bar facilities for this event, we would love to hear from you! Please contact Caroline by emailing pc@sfctrust.org.uk

YOU WILL SEE POSTERS FOR BOTH OF THESE EVENTS ON THE FOLLOWING PAGES – PLEASE PULL THEM OUT AND DISPLAY THEM WHEREVER YOU FEEL IS APPROPRIATE!

FIREWORKS DISPLAY!

We are also pleased to announce that our Annual Fireworks display will resume this Autumn, with kind permission from The Camping & Caravanning Club to use their land at Lower Foyers. More information on this to follow soon.



JUBILEE **CELEBRATION**



Friday 3rd June 2022

The Shinty Pitch, Lower Foyers

AFTERNOON TEA PARTY

12.30 to 4.30pm Bring a plate of nibbles and enjoy an afternoon of traditional music and family fun



6.30 to 11pm BYOB to a Ceilidh, Disco and BBQ

Further details on this event to follow For more information: Contact LuvviesJubilee@gmail.com Tel 01456 486233.





Highland Gathering

A summer celebration of our Stratherrick and Foyers Communities

at Corriegarth, Stratherrick

Saturday 23 July 2022

12 noon to 4pm.
All welcome

More fun than you can shake a stick at!

ADMISSION FREE

Stalls, games, livestock displays, ice cream, local food and drink, pony rides, companion dog show, races, crafts and much more.

Live music and events throughout the afternoon

If you would like to get involved please contact Caroline on pc@sfctrust.org.uk and let her know how you can help

Supported by Stratherrick and Foyers Community Trust Field by kind permission of Mr and Mrs Henry Fraser of Corriegarth



MORE ATTRACTIONS YET TO BE CONFIRMED

KEEPING OUR ANIMALS SAFE THIS SPRING

To all who enjoy using/visiting the 3 straths of Stratherrick, Strathnairn and Strathdearn - just a wee reminder that cows are calving, sheep are lambing and birds are nesting and could all responsible dog owners, please try sticking to main paths and side roads to avoid the chance of disturbance - perhaps use alternative routes and explore somewhere new?

Please be aware that if there are signs on gates, even if it appears that no animals are present, it's for a reason and they are there for the safety of us all and the animals.

The Dogs (Protection of Livestock) (Amendment) (Scotland) Bill came into force on 5 November 2021 to tackle the issue of out of control dogs attacking and worrying livestock. Under this law, the term 'livestock' is wide-ranging and includes cattle, sheep, goats, swine (pigs/boars), horses, camelids (alpacas/ llamas), ostriches, farmed deer, enclosed game birds or poultry.

What are the consequences of livestock attacks and worrying? Under this new law, owners of dogs that attack or worry livestock can be fined up to £40,000 or even sent to prison for up to 12 months.

Some examples of livestock worrying include:

A dog chasing livestock in a manner that could cause injury or suffering

The stress caused to the animal by the presence of the dog, could, in the case of female livestock, cause abortion or miscarriage

Livestock becoming desperate in their attempts to escape and injure themselves in doing so

Dogs who chase ewes of lambs may cause them to separate from their mothers, later dying of starvation or hypothermia.





For more information please visit:

Police Scotland - www.scotland.police.uk/advice-and-information/livestock-attacks-and-worrying

Scottish Partnership Against Rural Crime www.neighbourhoodwatchscotland.co.uk/ruralwatchscotland/th e-scottish-partnership-against-rural-crime-sparc Thank you for acting responsibly while enjoying our beautiful

countryside.

Strathnairn Farmers Association.

RED DIESEL OR WHITE DIESEL?

The rules for using Red Diesel changed on 1 April 2022. The use of the red diesel – or rebated fuel – have been tightened up and are now very complex.

As if life wasn't complicated enough, and in spite of white diesel being so expensive, the thrust of the new regulations will be to reduce the circumstances in which red diesel can be used. The measures introduced by the Government will increase the costs to building contractors who use diggers for construction purposes and those not involved in agriculture, horticulture, forestry or fish farming sectors. For more information on whether you are affected, please check the Government website.

www.gov.uk/government/publications/changes-to-rebated-fuels-entitlement-from-1-april-2022/check-when-rebated-fuel-can-be-used



YOU ASKED, WE ANSWERED!

Welcome to Questions and Answers!

The Trust Board are made up of community members from Stratherrick and Foyers. They meet monthly and come to a consensus on the direction of the Trust. You may or may not agree with that direction but your opinion has probably been heard around the table when they come to a final view.

Although we do report to our funders and have an annual AGM we now have a monthly Q&A session, usually based around a theme but questions can be asked. This takes place on the last Friday of the month, currently online, at 10am for an hour – the next one will be Friday 6th May, watch out for the link. We also have some regularly asked questions on our website here - www.stratherrickcommunity.org.uk/qas.

What is the design, print and distribution cost of the magazine?

On average we pay £30 an hour for design (approx. £1500), £900 to print and £600 to post. There are cheaper options for print outwith the local area but the Communications and Events Team decided to support two local businesses with this project.

Can you get just a digital copy of the magazine rather than a print copy?

Yes you can email pc@sfctrust.org.uk to be removed from the mailing list.

What was the cost of the Wildside Path. How many organisations tendered for the work?

£17,700 and two companies tendered. The Wildside Steering Group acted on your feedback from the Summer Fair to improve the pathway underfoot and provide easier access out of fire exits from the building.

Why did the Trust not provide a person spec for the fundraiser job and advertise it more widely?

We provided a full job description and advertised it on our website, magazine, social media, SCVO website and TSI Highland website. This has been the same for all previous jobs and we have recruited successfully.

What will be the cost of the Errogie Church project and what are the performance expectations?

We have wind and watertight budget for £175,000 which should be complete by November 2022. We are consulting on the build and what will be in it – keep following the project page on the website for updates of all our legacy projects. We expect the final build to be in the region of £1.5 million, based on other similar community builds across Scotland. The public toilets at Foyers is expected to be approx. £220,000 (joint project with Community Council). Wildside refurbishment cost was £127,000.

What will the Fundraisers do?

Raise funds for the legacy projects (so we don't use all our funds from wind farm/hydro), raise funds for other groups whose outcomes meet the Community Action Plan, organise Four Food and Crofter Fairs a year to support local business, take advertising in the magazine and apply for funds that we cannot grant as they don't meet the criteria set our by our funders.

Were free logs advertised on facebook?

The Brolly Group, supported by the Trust, gave out free 1 tonne bags of logs during Covid. This was funded by HIE and took some persuading but had been asked for by a handful of people on social media. Along with other support services this was advertised on websites, social media, newsletters, posters and leaflets. Of all the opportunities on offer this was the least popular, being taken up by approx. 5 people. Food bags were far more popular.

What is the present salary total for Trust employees?

The budget for staff for this financial year is currently £110,114.

Why are the Trust pursuing Riverside Field Sports and Recreation Facilities?

Sports and Recreation Facilities have rated highly in both the 2013 Community Survey and the 2021 Community Action Plan. The land at Riverside Field was purchased by the Trust on behalf of the community by using a grant from Scottish Governments Scottish Land Fund. It was always going to be developed by someone and the community chose this route. The community would have had to evidence at the time what the intended purpose would be to get the grant. Subsequent Trust Boards have pursued that purpose on behalf of the community and run several consultations to adapt the proposed plan. Planning in principle has been granted, with the local authority taking on board all views expressed by the community as part of the planning process. The outcome of that allows us to develop the project with specific guidance about the locality. The full story was in April's Newsletter, and can be found here -

www.stratherrickcommunity.org.uk/userfiles/file/Newsletters/Newsletter%20APRIL%202022.pdf.

Please join us for our next Q&A session on Friday 6th May at 10am on Zoom.

Tony Foster, Trust Manager, S&FCT

BOARD REPORT

What has been happening in Trust meetings this month? Below is a summary of April's meeting but minutes have to be ratified at the May meeting.

At the April meeting of the Trust £500 was awarded to Laura Gwilliam for course expenses.

We received an overview of a Content Management System from Director Maureen McGuire so we can effectively contact specifically interested groups on Trust Projects.

The Wildside Group, headed by Director Kirsty Balfour, brought forward requests from their meeting for activity this financial year and early into the next budget year. This may include purchase of nearby land, land management, decking and a playpark/trim trail. There was also agreement to open the Wildside for study and workspace one day a week.

The Board were updated on land purchase at Inverfarigaig and utilising funds this year from that project to land purchase at Wildside and for the Forest School. The land at Inverfarigaig, headed by Director Chris Gerkhe, cost far less than anticipated.

The Board also touched on funding a Housing Needs Analysis which has come from community members on the Action Groups for Housing. Fundraisers have also been attending the Action Group meetings for their information when applying for funds in the future. Mark Sunderland, Trust Director, has taken an active role in supporting the Housing Group.

The Board discussed the forthcoming Jubilee event we are supporting and the new Highland Hoolie in July. Catriona Fraser has been supporting Jan Hargreaves and the Luvvies who suggested the Jubilee event. The fireworks will return as will the Winter Wonderland. There is also to be four Craft and Crofters events. The Communications and Events team are supported by Deputy Chair Gareth Jones.

The Brolly Group will meet to discuss the cost-of-living crisis, post covid activity and supporting Ukraine refugees.

We requested the Board do simple monthly reports and make their budget recommendations for discussion at the May and June Boards.

The initial draft of the Community Enterprise review of the Trust had been received and will be discussed with Kirsty, Gareth and Tony at their Business Meeting with them.

Tony Foster, Trust Manager, S&FCT

WHAT'S ON IN MAY UPCOMING ACTIVITIES AT WILDSIDE

SOUP TO GO!

MEG'S MINDFUL MOVEMENT

NEW! PILATES

WILDSIDE BABY & TODDLER GROUP

MONTHLY SFCT BOARD MEETING

SOSA AGM

CRAFTERS AND CROFTERS MARKET

NEEDLES & PINS

SPIN & CHATTER GROUP

SOUTH LOCH NESS HERITAGE GROUP TALK, WI 'OVERSEAS FORESTERS IN WARTIME SCOTLAND (THE WORK AND INFLUENCE OF THE NEWFOUNDLANDER OVERSEAS FORESTRY UNIT)', BY ALISDAIR CAMERON

WILD CRAFTS

EVERY MONDAY FROM 12PM

EVERY TUESDAY 10.30AM

EVERY WEDNESDAY 10AM

EVERY THURSDAY 9:30AM-11:30AM

WEDNESDAY 4TH

THURSDAY 5TH - 7.30PM

SATURDAY 7TH 10AM ONWARDS

TUESDAYS 3RD, 17TH & 31ST

TUESDAYS 10TH & 24TH

WEDNESDAY 11TH

SATURDAY 14TH

ACTIVITIES AT THE HUB - MAY TIMETABLE



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				



SOUTH LOCH NESS HERITAGE GROUP EVENTS

SAVE THE DATES!

South Loch Ness Heritage Group's Summer outing is to the 15th Century

Kirkmichael restored Kirk and graveyard on SATURDAY 2ND JULY

(www.kirkmichael.info). More info will be available soon.

Alister Chisholm will also be doing a talk on his book, 'Lest you Forget Stratherrick', in September.

JOIN THE TRUST

If you would like to become a member of the Trust then please click the link. https://www.stratherrickcommunity.org.uk/join-the-trust/

HIRE THE WILDSIDE CENTRE FOR YOUR SPECIAL EVENTS & GROUP MEETINGS



CONTACT admin@sfctrust.org.uk



is available if you're strugglin to make ends meet.

Highland Council

The Welfare Support Team provide free, impartial and confidential support to claim all entitlements that are due to you

> 0800 090 1004 welfare.support@highland.gov.uk

Maybe you are entitled to a benefit you don't know about or have only recently become eligible to receive? Highland Council's Welfare Support Officers are experienced and friendly. Keep trying if the 'phone is busy!

MANY THANKS TO OUR FUNDERS... AND PHOTOGRAPHER

This newsletter is made possible by community benefit funding from SSE Renewables, Greencoat and Green Highland Allt Luaidhe (228) Limited.

Thanks also to Russell for his fab photos.





