

Stratherrick & Foyers News

Issue 7, September 2017

COMING SOON TO A VENUE NEAR YOU....

'NAE PLANS' Concert at Stratherrick Public Hall Saturday 23 September 2017 – see page 25 Scottish Country Dance Rally, Stratherrick Public Hall, Friday 13th October 2017 'BUNKERED' Loch Ness Luvvies new play at Stratherrick Public Hall – 20th and 21st October 2017

Hall Hire Charges Cut to Zero for Community Use

Local community groups from Foyers and Stratherrick can now use the facilities at Stratherrick Public Hall without charge for the next three years.

A new partnership between the Stratherrick Community Hall Committee and Stratherrick and Foyers Community Trust will open the door to increased use of the hall by existing community groups and encourage new sporting and recreational activities to get off the ground.

Hugh Nicol, Chair of Stratherrick Public Hall explained 'Up to now the Hall Committee has had to charge local groups every time they wanted to use the Hall. These hall charges paid for the upkeep of the Hall and were used to meet our regular bills such as cleaning, insurance and fire safety maintenance.

Stratherrick and Foyers Community Trust has now agreed to provide a fixed sum to the Hall Committee to meet our recurring operating costs, so we can open our doors to any local community group which can use the main hall or committee room.' See Page 3



Two new carers have joined the Boleskine Community Care at Home Team. Ewelina on the left and Morag on the right. Read more on Page 17

Stratherrick Primary School 40th Birthday Party Friday 8th September 2017 3pm – 8pm All welcome! Food, Games, Bouncy Castle.....

Foyers and Whitebridge Bus Times may change again from 11 September 2017 look at www.decoaches.co.uk or call 01463 222444

The Boleskine Bookworm appears on Page 12

Strathnews is available worldwide at www.stratherrickcommunity.org.uk

Welcome to Issue Seven - with some new contributors this time.....

A big thank you to those contributors new and old who provide news and photographs for us to include in Strathnews. You can add to the content of the NEWS by sending us your stories or suggestions – or even your favourite recipe. Strathnews will cover any local story or issue, historical, agricultural or whatever you think might interest a reader today. Please contact Strathnews by email at <u>strathnews@sfctrust.org.uk</u> or mail us at SFCTRUST, Evergreen, Inverfarigaig, IV2 6XR. The next copy deadline for the December Issue is 22 November 2017.

SOME HIGHLIGHTS IN ISSUE SEVEN

- Books available from your mobile library Page 12
- Boleskine Community Care grows its staff and services Page 17
- Loch Ness Luvvies in rehearsal Page 21
- War Memorial work progress Page 22

Do you remember this bus outside Stratherrick Primary School?

What year do you think this photograph was taken?

Α.	1980
Β.	1985
C.	1989





The date is set for the Strathnairn Farmers Vintage Rally and demonstration at Daviot.

Lets hope the Stratherrick contingent makes it over again this year on Saturday 30th September 2017. More details of the event are at <u>www.daviotvintage.co.uk</u>

Stratherrick and Foyers NEWS is published on line and on paper four times a year. We give information in good faith, but cannot be responsible if dates or times of events change. Opinions expressed are not the views of Stratherrick and Foyers Community Trust. Businesses mentioned are not endorsed by the Trust. We always print corrections or retractions and apologise when we get things wrong. If you think any information or comments are incorrect or unfair, please let us know at <u>strathnews@sfctrust.org.uk</u> Positive feedback on elements of the NEWS you like is also welcome.

The Stratherrick school bus was photographed in 1989. Thanks to 'victoryguy' for the photo.

Stratherrick Public Hall charges cut to ZERO for local community groups!

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Hugh Nicol, Chair of Stratherrick Public Hall Committee explained 'Up to now the Hall Committee has had to charge local groups every time they wanted to use the Hall. These hall charges paid for the upkeep of the Hall and were used to meet our regular bills such as cleaning, insurance and fire safety maintenance. Stratherrick and Foyers Community Trust has now agreed to provide a fixed sum to the Hall Committee to meet our recurring operating costs, so we can open our doors to any local community group which can use the main hall or committee room. The Hall is already well used by local dance groups, youth organisations and for amateur theatre productions. There is still scope for local people to use the Hall more. The venue is also a free Broadband Hot Spot and has a well-equipped kitchen.

Zoe Iliffe, Chair of Stratherrick and Foyers Community Trust said 'The Community Trust was aware that the hall hire charges were holding back new community activities. By funding the recurring costs of the Hall we can make a real difference by making it simpler and cheaper for community groups to operate. The grant from the Trust comes from community benefit payments the Trust receives from local windfarm and hydro-electric scheme operators.'

Hugh Nicol added 'The Stratherrick Public Hall Committee will continue to manage the venue and facilities. Hall hires must be booked and hirers will be responsible for the facilities as detailed in our terms of hire. We will also raise charges when the Hall is used by private parties or organisations from outwith our area.' Full details on Page 4.



TO BOOK THE HALL CONTACT PAM SIMPSON ON 01456 486364

South Loch Ness Heritage Group Presentation

South Loch Ness Heritage Group recognised Frank Ellam's sustained work as a volunteer for well over a decade with a surprise presentation at the Stratherrick Hall in July. Frank was Treasurer for the group and was also responsible for much of the quality information which makes SLNHG's website such a popular and attractive historical resource. Frank was also in charge of 'the books' of the group in more ways than one. The financial account books were one thing which he took care of, but Frank was also part of the project to reprint Alan B Lawson's book 'A Country Called Stratherrick'. South Loch Ness Heritage also published their local guide. Copies of both these books are still available from local sources or SLNHG at Rose Cottage, Dores. The Heritage Group's website is at this link <u>www.southlochnessheritage.co.uk</u>



Frank was truly surprised by the event. Efforts to distract him whilst the presentation group arrived were completely successful. Frank said 'I am touched and very grateful for this picture which I have on my wall in my new home in Bathgate. It reminds me of the peace and quiet at Easter Boleskine and the many friends Katie and I made over our happy years on Loch Ness-side.'

Frank Ellam with Alister Chisholm

Note referred to relating to the use of Stratherrick Public Hall.

Local users groups for which no hall hire charge will be levied for the next three years include Stratherrick Guides, Brownies and Rainbows, Stratherrick Scottish Country Dancers, Stratherrick and Foyers Community Trust, Stratherrick and Foyers Playgroup (in abeyance), Boleskine Community Care, Loch Ness Luvvies, Boleskine Camanachd Club including Sale of Work, Stratherrick Primary School Parents' Council including school parties and performances, Foyers Primary School Parents' Council including school parties and performances, The Knockie Trust, South Loch Ness Heritage Group, Stratherrick Community Carol Service, Badminton Club (in abeyance), Dog Training group, Tai Chi Group, Seniors' Lunch Club, Area Childrens' Christmas Party and other public celebrations such a Jubilees, Jamborees, Royal Weddings etc, Funeral purveys where the deceased has any Foyers or Stratherrick connection and any other local group operating on a not-for-profit basis or raising funds for a registered charity or engaged in educational or training activities for local people. All use related to the provision of service in the event of a local emergency or power outage.

Exclusions

The Hall Committee shall continue to levy a charge at their discretion for the following users. Groups promoting particular political views, Religious services, Stratherrick and Foyers Community Council meetings where venue funding is available from Highland Council or other external sources, Highland Council or Scottish Government use including polling station use, consultation events and elected member surgeries, Commercial Entertainments, 'One-day Sales' by visiting vendors, Private functions including parties and celebrations by local people to which the general public are not invited and Consultation events by private firms or developers.

Broadband Branches Out

Broadband signals relayed by the Community Trust Broadband scheme are reaching more homes in Whitebridge. At a recent meeting at the Stratherrick Public Hall there was wide support for the current scheme to be rolled out as soon as possible to the whole district. Highlands and Islands MSP Rhoda Grant attended and took a keen interest in the Trust scheme. She has since written to the UK Minister to ask for the current Voucher Code grant system to be extended.



Sharon Ferguson, Catriona Fraser, Peter Faye, Julie Murphy and Rhoda Grant MSP

Rhoda found out that Trust members are anxious because the future of the Better Broadband Subsidy Scheme, developed by the UK Government, is unclear past the end of this year. Rhoda said "Remote and rural areas are still at the back of the queue for connections and more than half of homes in some parts of rural Scotland are still struggling with very slow internet speeds."

"That's why congratulations must go to the Trust and local people for taking matters into their own hands and getting their own plan off the ground." Under the Government's scheme, £350 is available to households to help tap into a better broadband service but if this grant is no longer there after December 2017 that would cut the money available to the Stratherrick and Foyers local scheme. Rhoda Grant wrote to the Westminster Government's Minister of State for Digital "With only months to go, I'm asking UK Minister Matt Hancock if the subsidy will be extended and if not what other cash incentives will be made available. Rural areas need broadband to compete in the global marketplace and to safeguard against population decline."

Matt Hancock has replied to Rhoda Grant. In his letter he confirms the current scheme is due to end in December. While he is discussing with the Treasury whether the scheme will be extended or not, and how it will fit with the Broadband Universal Service Obligation, Mr Hancock states that successful applicants do have 60 days to choose a supplier and a further 60 days to set up the Broadband. Matt Hancock said 'However, I would urge you and the Stratherrick and Foyers Community to apply for a voucher code now, rather than waiting for the deadline.'

If you are interested in receiving your broadband from the Community Trust Scheme operated by Cromarty Firth Wireless networks contact 01349 805040 or if you have any other questions contact Trust Depute Chair Sharon Ferguson on 01456 486771. <u>www.cfwn.co.uk</u>

A Tale of Two Bridges

Foyers Footbridge Work is scheduled for September start. Foyers Bridge is expected to have a separate footbridge fitted by Christmas, thanks to a commitment from Highland Council to make the crossing safer for pedestrians. The Bailey Bridge at Foyers is scheduled for eventual replacement but reductions in the Highland Council's capital funding has meant full replacement has been delayed.

Councillor Margaret Davidson, who represents Foyers - and the Aird and Loch Ness Ward said 'We don't have to wait for full replacement to make the bridge better. Highland Council has found an effective way to improve the bridge for pedestrians immediately. We are relocating an existing galvanised footbridge from Nairn Harbour to be attached to the existing bridge at Foyers. This will separate car traffic from pedestrians and make the crossing a whole lot safer.' Margaret added 'The Nairn bridge is in great condition and will effectively clip-on to the side of the bridge at Foyers.'



Bailey Bridges are effectively big Meccano sets, with no welding needed. These bridges were designed for use during the Second World War and are constructed using interlocking panels with connecting pins and lugs. The existing Bailey Bridge at Nairn has both a carriageway and a footbridge, but the footbridge on the side became surplus when the carriageway was closed to cars. The sensible option is to re-use the Nairn footbridge at Foyers.

Highland Council has contracted with MacGregor Construction who will carefully remove the panels from Nairn and attach them to the side of the existing bridge at Foyers. The contract will commence in early September at Nairn. The work is not expected to cause much disruption to vehicle traffic at Foyers and should be completed by Christmas.



FREE CHRISTMAS VOUCHERS FROM THE KNOCKIE TRUST FOR OLDER RESIDENTS

If you have been a resident of Stratherrick & Foyers for 4 years or more and are 65 or over, **The Knockie Trust** can add you to their Christmas Marks and Spencer voucher list, (one distribution per household). If you would like to receive a voucher, but are not yet on our list, please get in touch. Phone or leave a message on either number below. Alistair Colquhoun (Chairman) 01456 486369 Fiona Bateman (Secretary) 01456 486646



More on Bridges!

The first pedestrians have crossed the new River Ness bridge which forms part of the Westlink / Southern Distributor Road. The new bridge across the River Ness links Torvean, beside the rugby club to a point just upstream of Holm Mills. The road will continue to the Dores Road Roundabout near the Tesco store. Councillors and Council staff were invited to cross the new bridge on foot in early August under the watchful eye of the contractors. The road is expected to open in December 2017. The new river crossing will cut journey times for Inverfarigaig drivers heading for Dochgarroch, Clachnaharry, Drumnadrochit or Beauly who will soon be able to avoid Inverness City Centre by using the new crossing.



Looking upstream from Holm Mills at the new River Ness Bridge



NEW FLEXIBILITY AND WELL-BEING CLASS PLANNED FOR OCTOBER

A new class is planned for Stratherrick Hall starting in October which improves flexibility and wellbeing. The class will involve slow and gentle stretching exercises followed by a guided relaxation session.

Meg Somerville, Torness, who will lead the Class said "This class is suitable for all ages and abilities, if you are feeling a wee bit stressed or your body is aching or stiff or you just want some you time, this is the class for you. The stretching can be done standing or seated and the relaxation part is either on thick yoga mats tucked up in your own blanket and pillow or on a chair if more suitable to your needs. The hall will be warm and I hope to have purchased new floor mats to start the class if you do not have your own. You will be working at your own pace, taking into account your individual needs there is no pressure - it is totally relaxed. I am delighted that the hall charges have been reduced to zero and I am happy to give my services free so there is no cost for people to attend."

To express interest in attending please email Meg at <u>Meg.Somerville@gmail.com</u> or text 0771 257 9599



School Terms Begin

Stratherrick Primary School is set for the new academic year. There are some new pupils at Stratherrick Primary this term with two families who have recently moved into the Strath. Classes commenced with a role of 14 pupils and another one is expected to join soon. The Nursery has also moved up from the Lower Foyers Industrial Unit. Pre-school staff members Rena Slater and Dulcie Drummond have moved up too. Highland Council's contractors have been busy over the holidays preparing for the Nursery and the room and facilities look great. The Stratherrick Primary staff team is led by Mr Graham and includes Sue Harris, Fiona Kirkland, Joan Fraser and Jill Bryant.





Meanwhile at Foyers Primary 15 pupils are enrolled for the new term. Foyers Primary was not as fortunate as Stratherrick as building work planned for the summer was not completed as quickly as hoped. A new portable unit was due to be delivered in August, but it was damaged on the way to the school. A new bio-digester has also been installed beside the car park which will improve the waste water arrangements. The Foyers Primary staff team is led by Cluster head teacher Mrs Louise Robertson with Rachel Pinkerton, Linda McCheyne, Fiona Kirkland, Belinda Sanderson and Paula Page.



David Suchet, the actor best-known for playing the role of Inspector Poirot was on holiday in the area and visited Camerons' Tearoom in early August. David was most complimentary about the area and the tearoom. Maggie and Morag found him a delightful visitor who was keen to chat. There was no sign of Captain Hastings! David is currently raising funds for a canal tunnel in the north of England. http://www.lhcrt.org.uk/news/boatshow.html

Community Trust Backs Lifelong Learning

Stratherrick and Foyers Community Trust is backing local people who want to access learning through the Open University.

Zoe Iliffe, Chair of the Trust said 'Our Board has decided that we should open up our existing student grant scheme for learners who need help to join courses run by the Open University.' Open University fees can mount up. A typical 30 credit module costs £479 and there can be additional travel expenses to attend tutorials or for the purchase of study books.



Zoe added 'Some Open University students do qualify for the Scottish Part Time Fee Grant, but for local people who have to fund their own study the OU fees and other costs are a major consideration. The Trust's Board has agreed that being accepted on a course with the Open University is basically the same as attending any other academic institution and therefore local students would be eligible to apply for a Student Grant from the Community Trust. The Trust hopes their decision will result in more local people accessing life-long learning opportunities provided by the OU.'



Trust Chair Zoe Iliffe

Trust grants for students can be up to a maximum of £500 per academic year. Full details of the scheme and the application form are available on line at the link below. Applications can be made at any time and are assessed every two months. Grants cannot be made retrospectively. Applicants must be ordinarily resident in the Foyers and Stratherrick area. There is no upper age limit for those applying for the Trust's student grants. Funding for these grants comes from community benefit payments which the Trust receives from operators of windfarms and hydro-electric schemes around Stratherrick.

Trust Guidelines and Application Forms are available by calling

07525120966 or downloading on line at http://www.stratherrickcommunity.org.uk/grants-system

Additional information on Open University Fees and other help with costs including the Scottish Part Time Fee Grant are at this weblink. <u>http://www.open.ac.uk/courses/fees-and-funding</u>

There are 180 qualifications and 600 study modules on offer at the Open University. Registration for courses starting in October is open now. Deadline for most undergraduate courses is 14 September 2017. <u>www.open.ac</u>

The 2017 AGM of Stratherrick and Foyers Community Trust is scheduled for **29th November 2017.** The AGM is an open meeting and all local people are welcome to attend. Residents wishing to join as ordinary members can do so by completing the form at this link. <u>http://www.stratherrickcommunity.org.uk/membership</u> There will be vacancies for Trust Directors. Nomination information will be posted on the Trust website in the coming weeks. If you are interested in joining the Board, you may wish to speak to one of the existing directors. If interest exceeds the number of places on the Board, an election will take place at the AGM. All ordinary members of the Trust have one vote.

News from the Owls and the Police



News from the Owls – Tweet a woo!

The Stratherrick Rainbows, Brownies, Guides and Senior Section have all started back after the summer holidays. In total we have 29 regular girls attending all four Units. We now have three Rainbows, including one new young lady, eleven brownies which include two new girls, twelve guides including one new girl and our three Senior section members.

Rainbows have started working towards their Zoo keeper Challenge. The Brownies are now working towards their Cooks Badge, so we are hoping for some delicious homemade munchies. The guides have started working towards a Community Action part of their Challenge Badges designing wonderful activities for our area. They will be presenting these to a member of the community Council in two weeks time. We are all looking forward to our Loch Lomond Sea Life Centre sleepover in September – sleeping with the fishes! - sooooo excited. The Guides will also be enjoying a sleepover at the Foyers Wigwams in November.

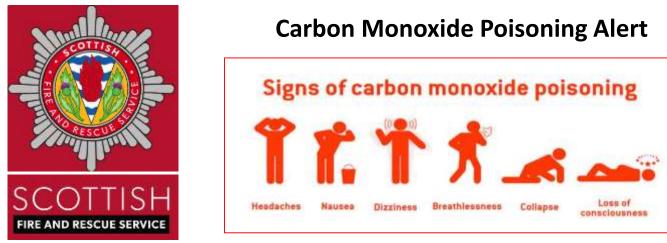


December 2017						
SUN	MON	TUE	WED	THU	FRI	SAT
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16

Here's a date of your Diary! On the last night of Stratherrick Girl Guiding for this year – the 7th December 2017 – we will be having mince pies, teas and coffees and you are all invited to come and listen to the Girls singing a few Christmas Carols at Stratherrick Public Hall. The Guides will be helping to organise the Children's Christmas Party on 9th December. And finally – the Stratherick Units will also be having a stall at the Dores Community Market on 16th December.



A new Sergeant will be in charge for our area from September. Sergeant Julie Connor will be based in Beauly and will cover Stratherrick and Foyers alongside PC Ryan McGill and PC William Jones at Fort Augustus. Police Scotland publish a weekly roundup. The successful prosecution for Hare Coursing east of Inverness is mentioned in this recent article <u>http://www.scotland.police.uk/whatshappening/news/2017/august/weekly-roundup-25th-august</u> The Police can be contacted on the non-emergency number 101. In an emergency call 999.



Foyers Watch Manager Neil Kirkland said 'At this time of year we are all thinking about the cold weather ahead. It is time to make sure that you will be safe. Carbon Monoxide is a silent killer. Using any fire or heater with a flame may cause Carbon Monoxide to build up in your home or room. LPG stoves can also produce the gas – which you just can't smell. If you want a free home fire safety visit from the Fire Crew, which includes a carbon monoxide check, please contact Neil on 07799170640 or call the Home Fire Safety Line 0800 073199.



You might have seen artist Julie Bradwell painting landscapes when she is up visiting family in Gorthleck. Julie was so taken with the view from the Fire Station that she has produced a greetings card showing her painting of Loch Garth and Beinn Mheadhoin. Julie's range of cards are for sale at Foyers Stores and the Waterfall Café. Julie's new website www.bradwellart.com is in preparation as this edition of the NEWS goes to press.

Julie Bradwell with Watch Manager Neil Kirkland and the Foyers Fire Appliance, at the Fire Station.

Benches funded by Foyers Fire Crew Community Fund have been delivered to the Boleskine Community Care Hub at Lower Foyers. The matching pair of study seats will be in use by visitors to the Hub. More information on the monthly walks is on Page 16.

> More Fire safety advice is available at www.firescotland.gov.uk



The Boleskine Bookworm recommendations....

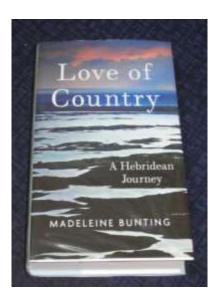
Scott's 'View from the Van'

Scott, Mobile Librarian to Foyers and the Strath recommends this book about the genealogy of the Scots. **'The Scots – A Genetic Journey'** blends hard genetic data with historical events, the movement of peoples and geography to shine a fresh light on who the Scots are, where all they have been and who all came to see us! The book ranges from pre-history and Dark Age sources to modern DNA testing. Moffat's writing style is engaging and encourages the reader to have a wider view of the history of the land and its people. *The Scots - A Genetic Journey by Alistair Moffat and James F. Wilson is published by Birlinn ISBN:9781780274447 and is available from Scot on your local visiting mobile library.*





The Mobile Library timetable is shown on Page 30



Popular in the Strath

Madeleine Bunting may be known to you as a writer for the Guardian Newspaper. In her thoughtful book **'Love of Country, A Hebridean Journey'** she looks in depth at the Hebrides which were often a meeting point of cultures and peoples. The islands are an enduring point of reference and indeed fascination for local Scots and British residents. Madeleine Bunting looks at the comings – and the goings of the Hebrides and how history has been made or influenced by the people who have touched these islands. This book might make you feel differently about Iona too, and the effect the Western Isles has had in defining Great Britain today and how it regards itself.

'Love of Country, A Hebridean Journey' by Madeleine Bunting Published by Granta Books ISBN-9781847085177

Mrs Gibson recommends -

'One Little Mistake' is a new psychological thriller from London-based writer Emma Curtis. Penguin released this new book earlier this year – which is available at Tesco and as an e-book on line. One Little Mistake starts with a fairly mundane domestic situation. The story builds after a moment of panic has massive repercussions for the 30something mum Vicky. Set in the modern day, this book is interesting and complex. Gripping the reader as a simple lie compounds and grows, it becomes clear that maybe not everyone in the story is all good or all bad, but how will the story resolve itself?

One Little Mistake by Emma Curtis ISBN 978-0-552-77979-1 Paperback – Black Swan £7.99

If you would like the free copy of this book which Mrs Gibson reviewed, please e-mail <u>strathnews@sfctrust.org.uk</u>



Church News

New Seats at Drumtemple Church



We welcome all, locals and visitors, to our Church services at Drumtemple, 10.00 o'clock on the first, second and third Sunday of each month and alternating with Dores Church on the fourth Sunday. The times and contact numbers are posted at the Church. In the last few weeks we are creating a communal fellowship meeting place inside and look forward to seeing you there for a tea or coffee and a get together chat.

Olaf Olsen, Clerk to the Board

The **Scottish Episcopal Church** at Croachy - Services are at 11.00 each Sunday. A 'Craft and Chat' event happens on Thursday afternoons from 2pm. This year's Community Christmas Fayre at Farr Hall is planned for Saturday 18th November 2017, 2pm – 4pm. <u>www.stpaulsstrathnairn.co.uk</u> **Free Presbyterian Church**, Gorthleck every 3rd Sunday. Mrs E Fraser 01456 486 282 / 220 <u>www.fpchurch.org.uk</u> **Free Church Continuing** (Dores) - check at <u>www.freechurchcontinuing.org</u> **Stratherrick Free Church**, Errogie. Sabbath Service at 4.30pm. Mr S McLure 01456 486435 <u>www.greyfriarschurch.org</u>

Father Harden, Parish Priest for Stratherrick and Fort Augustus can be contacted on 01320 366 451 e-mail <u>andrew.harden66@gmail.com</u>_Stratherrick news is posted in the weekly bulletins at <u>http://lochnessparishes.dioceseofaberdeen.org/</u> Father Harden reported in August that Ewelina Gehrke was commissioned by Bishop Hugh Gilbert as an Extraordinary Minister of Holy Communion in the community of Immaculate Conception, Stratherrick for a period of 5 years.

121,474 Shoeboxes were delivered last year

You can 'Make someone happy this Christmas' by supporting Blythswood Care's long-running shoebox appeal. The idea is to start with a shoebox and fill it with some of these items which must be new - toothpaste, toothbrush, soap, hat, scarf and gloves and fill up the rest of the box with toiletry items or a notepad and sewing equipment. The shoeboxes received last year were distributed in Albania, Bulgaria, Hungary, Kosovo, Moldova, Pakistan, Romania, Serbia and Ukraine. Get full details and a check list from Blythswood Shops, then hand your box in to Blythswood, Harbour Road, Inverness by 7 November 2017



https://www.blythswood.org/shoebox



Loch Ness East and Strathnairn Medical Practice

www.foyersmedicalcentre.co.uk

Loch Ness and Strathnairn Medical Practice is proud to be an accredited teaching Practice. We are delighted to have Medical Students, Junior Doctors and registrars working alongside the GP's in our Practice. If you do not wish to be seen by a trainee or have one present during a consultation, please inform Reception staff.

Foyers Medical Centre Open Flu Clinic

Tuesday 3rd October 9am till 1pm - 2pm till 5.30pm If you are over 65, or pregnant, or fall into one the of long-term health categories, please come along for your flu vaccine.

No appointment necessary.

Long-term health conditions Asthma, COPD, Emphysema, Chronic heart disease, chronic kidney disease, chronic liver disease, chronic neurological disease, diabetes, seriously overweight with a BMI of 40 or above, carers

If you need a repeat prescription, please order on-line at <u>www.foyersmedicalcentre.co.uk</u> or post a repeat prescription slip to the Foyers Surgery. Please avoid ordering by telephone if at all possible.

Info provided by Lesley McAdam, Medical Centre, Foyers, IV2 6YB, Tel - 01456 486224

Ray Collier, the well-known naturalist from Farr who had a special interest in Stratherrick died on 15th March 2017. A memorial bench is planned for Loch Ruthven. Anyone wishing to make a contribution should leave this at the Inverarnie Stores. Ray wrote a column for the Inverness Courier. His work is remembered in this obituary from the Manchester Guardian. <u>https://www.theguardian.com/environment/2017/mar/29/ray-</u> <u>collier-obituary</u>

The recent **Dunmaglass Sponsored Walk** in aid of the Neil MacKenzie Trust has raised over £1,000. Forty-five walkers took part. The Trust thanks all participants, SSE and Dunmaglass Estate. More info at <u>https://theneilmackenzietrust.wordpress.com/background/</u>

Granny's Butternut Squash and Sweet Potato Soup



Ingredients

One Butternut Squash, chopped* Two Sweet Potatoes, chopped* One medium Carrot finely chopped One medium Onion finely chopped One small teaspoon mild Curry Powder One and a half Vegetable Stock cubes made up in 600g of water (quite strong) Half a can of coconut milk Salt and Pepper.

Method

Soften the butternut squash and sweet potato, carrot and onion in a frying pan with a little butter. Add the curry powder, vegetable stock and simmer in a saucepan for about 30 minutes. Once the vegetables are all softened and cooked liquidise until the soup is smooth. Then add a half can of coconut milk. Add salt and pepper to taste.

*This 350g bag from Tesco contains just the right amount of the two main ingredients and costs just £1. Sweet Potatoes can be tough to dice too. There's no waste when you buy a bag like this.

This recipe provides three good sized bowls of soup.

The soup can be served with a small swirl of cream, or some chopped syboes /spring onions and crusty bread. It is ideal when vegetarians are visiting!

You can't pass Camerons' Tearoom these days without seeing visitors photographing the Highland cattle. Ali's Glenliath fold is growing with seven calves born this year. Morag said 'We had twin calves, our first ever! We named them Jimmy and Maggie after farmers at Dunmaglass who are always up for a laugh. Then calves Donald, James, Betty, Toffee and finally wee Mairi came along.'



There are two forthcoming fundraising events planned for Camerons' Tearoom in support of the Inverness Royal Academy's Tanzania trip next year. These are 'A Night at Camerons' with Tomatin Distillery Whisky tasting and nibbles' and a second event 'BBQ night with local artists and Scottish music'. Information on the Vine Trust and the work they do is at this link. <u>https://www.facebook.com/vinetrust/</u>



Boleskine Community Care (BCC)

The Great Wilderness Challenge – bogs, midges and fantastic country – Raising money for BCC. What a great effort!

A team of eight took part in this years challenge. Morag chair of BCC, Amanda, Angela (Highland Home Carers) and Jamie (Foyers) tackled the 25 mile run from Dundonnell to Poolewe. Phil (Foyers), Tannya, Gillian and Sian did the 14 mile walk. The event is BIG in rough, wild country and certainly a challenge. "It was a great day, lovely weather and well-organised" said Gillian from Gorthleck while Amanda had "a great experience, hard going at times and a good laugh." (she fell in a bog!)

The team is still raising money and there is a collection point at Camerons' Tea Room. It was a great effort by them all despite falling in bogs and being bitten by midges. The final figure raised will be in the next newsletter. Support is very encouraging for the Trustees of BCC.

The 'Hub Fit Walk' has become a regular event. Just half and hour or so. Setting off from the BCC Hub in Lower Foyers and returning for a cup of tea! And now at the end of the walk there are two fantastic outdoor benches to sit on very kindly donated by The Foyers Fire Crew. Dates for walks all Tuesdays 2pm, September 5th, October 3rd, Come and try out those new seats!



Jamie Cherry from Foyers ran the 25 mile course.(L) Phil completed the 14 mile walk. (R)



Tannya, Gillian and Sian on the 14 mile walk.



Amanda, Angela and Morag



Amanda found a bog but still completed the Challenge

Boleskine Community Care

Weekly Gatherings - Every month

- 2nd Thursday: <u>Morning coffee</u> at the Waterfall Café.
- 3rd Monday: <u>Broth and a Blether</u> at the Chapel Hall
- Last Friday: <u>Seniors Lunch Club</u>. Stratherrick Public Hall Book with Cathy 01456 486 329
- First Friday: <u>Afternoon Tea</u> at Camerons' - starts in November.

If you can't get to any of these events just phone the transport scheme 01456 486 688

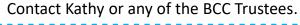
Two new carers have joined the Care at Home Service run by BCC. Morag and Ewelina join up with Lorna, Carolyn, Johanna, Izzy and Heather. The team is now able to care for more people who need help staying in their own homes.

Saturday 7th October 2017

Stratherrick Hall

Arts and Crafts Sale raising funds for BCC

2-5pm, Teas/cake £3, plus a raffle. Or... sell your crafts and give a donation at the same time through the table fee. Or... simply come along and buy an early Christmas present!





Boleskine Community Care Hub at Lower Foyers

The BCC Care Hub is open on Tuesdays and Thursdays from 10am-3pm where Julie can help with any queries relating to care services offered or accessed by BCC. or phone her on 01456 486 247. Or see the the BCC Facebook page or the web site. <u>www.boleskine-communitycare.org.uk</u>

BCC AGM November 4th 2017 New Trustees? - New Ideas for 2018? More information will be in BCC newsletter delivered to every house early in October.

Next year's Great Wilderness Challenge is on 11 August 2018 www.greatwildernesschallenge.info



The Seniors Lunch Club at the Stratherrick Hall

BCC Trustees: Morag Cameron, Lyn Woods and Jane O'Donovan (Chair, Treasurer, Secretary) plus Bob Main, Alison Seago, Jenny Devlin, Janet Hobson, Carolyn Grant and Julie.

The Changing Birdlife around Foyers

The cries of the oystercatchers down at the field and burial ground heralded the start of summer, but the numbers are reduced to two or three pairs which is sad. One suspects the many crows raiding the nests and the increased human activity disturbing the peace.

Since the big forest fire a few years ago which burned the forested area around the Hydro surge shaft behind the Coach House, the buzzard pair which nested there annually has gone to other parts. Their plaintive cries are missed greatly.

A pair of swans used to nest on an island in the river or near the tailrace but the cygnets were picked-off one by one by predators. The same fate caused the mergansers to lose their babies at the tailrace. The mallard ducks have the same problem at the river.







The hooting of owls around the Foyers Hotel stopped abruptly when the line of Noble Firs was cut down, depriving them of their daytime roosts.

The <u>good news</u> is that herons are still frequenting the ponds near the river and a dipper is seen in the loch's shallows singing its sweet song. Up around the garden feeding stations near us all manner of birds come to feed. Blue Tits, Coal Tits, Great Tits, Chaffinches, Robins, Woodpeckers, Blackbirds and Thrushes come to feast.

The Missel Thrush is the first to sing its spring song, and then there is a beautiful dawn chorus of blackbirds, thrushes and blackcaps and other song birds which is heavenly to hear. Spring is the very best time of year to be around here.

By Buddy MacDougall, August 2017

Birds pictured are Heron, Female Blackcap, Missel Thrush and Male Blackcap. Illustrations thanks to RSPB



Lyn and Donald Forbes, proprietors of Loch Ness Shores, were presented with Scottish Land & Estates' Highland region *Helping it Happen* award by Fergus Ewing MSP at the recent Highland Field Sports Fair at Moy. Loch Ness Shores now boasts 5-star accreditation from VisitScotland, World Host status and a Gold Green Tourism Award. Lyn and Donald have made land available to Highland Council to allow the extension of the footprint of Foyers Primary School.



Sandy Fraser recalls the Annual Stratherrick School Sports at Easter Aberchalder in the late 1930's.

Before the start of World War Two, there were many more schools in our district. Six local schools took part in the annual Sports Day, Garrogie, Whitebridge, Boleskine, Errogie, Bunchrubin and Dumnaglass. Today there is only one school in Stratherrick. The Sports Day took place at Colonel Sopper's farm at Easter Aberchalder and all the prizes and food was donated by the Soppers. I suppose our sports day was a kind of Olympic Games in a very, very small scale.

Our head teacher at Errogie School was Miss Jessie Macgillivray. Preparations began many weeks prior to the big day. She and her assistant trained us in all the usual games as part of our P.T. lessons. Obviously winning the cups and the school shield was in our minds. Miss Macgillivray was very enterprising and got the girls at sewing lessons to make shorts for us boys and skirts for the girls, they were blue with white tops, and we were all very smartly turned out.

The usual races took place. These included the egg and spoon, sack, three-legged, relay, and flat race, plus the high jump. I'm not forgetting the Fathers' Flat Race either! Only on one occasion were we delayed because of the rain that I recall, usually the sun shone. One very unusual game certainly would not be allowed today under "health and safety". This was the 'thread and needle' race. At the far end of the field a board was set up with needles and threads. You ran to the board threaded the needle and ran back to the start. No accidents ever occurred.



Miss Jessie Macgillivray was headmistress at Errogie School for over 40 years. She retired to Inverfarigaig in 1972.

After all the games finished it was up to the Wester Aberchalder steading, suitably cleaned before-hand, where we all settled down to lunch. Everyone was ready for a good tuck-in. Among the many eats were as I remember succulent pies, probably from Burnett's Bakery in Inverness. Our teachers were all treated to a VIP sit down lunch in the dining room at the lodge house. Mrs Sopper presented the cups and the many lovely prizes, not forgetting the shield for the best school. (I wonder whatever happened to it? It is not in Stratherrick School.)

Finally we were all sent out on to the big lawn. Mrs. Sopper arrived with a basket of sweets, "Quality Street" or similar, and enjoyed herself very much watching us all scramble about as she scattered them far and wide, with everyone battling for the most sweets. There was also a wine barrel which was filled with bags of pies and cakes. The game involved running to the barrel, where you took your fill and then run back for more. Then it was time for home after an exciting day for all. Looking back it was very kind of the Soppers to treat us to this annual school sports event and all at their expense. I must add that all the pupils would all whole-heartedly agree with me that the day out at our school sports was far more enjoyable that school lessons!

Powerful Solar roof for Aberchalder Waterworks

Scottish Water has been installing renewable energy generation on its sites and properties across Scotland. Small wind turbines are often located at remote sites.

Gorthleck Water Treatment Works has a large south facing roof, so a solar photovoltaic array was the obvious choice.



Andrew McGown of Absolute Solar and Wind Ltd told the Stratherrick and Foyers NEWS 'The system installed has a maximum output of 24.96kilowatts. The roof has 96 separate photovoltaic panels each of which can generate up to 260 Watts. Absolute is a family firm based near Loch Lomond which installs and maintains renewable energy equipment in businesses across Scotland.' <u>https://www.absolutesolarandwind.co.uk/</u>



'In appreciation of Col. Sopper's services to the community of Stratherrick and Strathnairn'

Here are a couple of photographs to illustrate Sandy's Sports Day article on the previous page. Lt Col Sopper owned Easter Aberchalder. You can still see a plaque in his memory erected inside the Stratherrick Public Hall. Colonel Sopper was born in 1879 and served in the 8th Huzzars. He was active in the Inverness-shire Home Guard in the Second World War. He received an OBE from the King in 1943. He died in 1950.

Loch Ness Luvvies new production in rehearsal



Director Morag Pickthall (r) wags the finger at her actors Jim Cameron, Michael White, Lorraine Fraser, Heather Macdonald, Jan Hargreaves and Simon Hargreaves as they learn their lines.

Loch Ness Luvvies will take to the boards of the Stratherrick Public Hall again this October with their new play "Bunkered" by Lynn Brittney. The cast and crew promise the absolute best of Amateur Dramatics. The action takes place in a Cold War Bunker and laughs are guaranteed. Harry the Handyman's tinkering has not helped. The show runs for two performances on Friday 20th and Saturday 21st October 2017 at the Stratherrick Public Hall. Curtain Up at 7.30pm. Tickets £6 on the door or from members and Foyers Stores.





The Airs and Melodies Peculiar to Highlands of Scotland and the Isles – Captain Simon Fraser of Knockie. 1773-1852

IMSLP – The Petrucci Music Library scans music publications from all over the world and makes them *free to view* over the internet. Captain Simon Fraser of Knockie published his renowned collection of tunes over 200 years ago. This book is now available in full, on line. 230 tunes are printed. Simon Fraser wrote his introduction at *Errogy* on 1st November 1815 which is also worth a read from an historical standpoint. Here is the link! <u>http://imslp.org/wiki/The Airs and Melodies Peculiar to the H</u> <u>ighlands of Scotland and the Isles (Fraser, Simon)</u>

War Memorial restoration work continues.....



South Loch Ness Heritage Group's work to restore the War Memorial site is now clear to anyone passing along the B852. Over fifteen volunteers have given of their time and effort to clear away many years of growth. Gorse roots and moss have been removed. Work to both wing walls can be seen in the photograph attached. Lime mortar is protected by hessian while it cures. A grant from Stratherrirck and Foyers Community Trust has assisted with the cost of professional building work to the walls.

Alister Chisholm, Lochgarthside, Ernie Randall and John T Duncan, Errogie have led the work. They have been astonished at the number of visitors who have called at the Memorial over the summer months. Alister said 'People stop here from all over the World and speak to us whilst we are working at the memorial. It is not just older people either. Young visitors are also keen to see what we are doing and to appreciate the memorial and the site.' Specialist attention to the granite memorial will commence shortly by Alastair Stewart and Son of Inverness.

Riverside Field, Foyers - Ground Test Completed



A digger visited the site in July and an engineer examined the composition of the ground and undertook water percolation tests.

Before a Planning Application for the new access to the field owned by Stratherrick and Foyers Community Trust can be made, it has been necessary to survey the site and dig some trial holes. This work has established that the ground conditions are all favourable. Engineers are now designing a new roadway which will allow access to the field from Foyers. An initial planning application for the roadway and vehicle area on the field will be made shortly. This will include a pathway round the site, but no other building work. There will be a community consultation on any proposed development of the site.

If you are reading this on-line and want a paper copy, e mail <u>strathnews@sfctrust.org.uk</u>

Doris Winifred Clews, 1916 – 2017



Doris, who celebrated her 100th birthday last year, slipped away peacefully at home at Compass, Whitebridge on 19th July, surrounded by her family. "Mum always maintained that she had had a wonderful life", said daughter Jo. "That includes the past five years here in Whitebridge. The family would like to thank all the kind people in the local community who made Doris so welcome with a special mention to Bette Douglas-Jones, who became Doris's great friend".

"Mum was a lady who loved life and had a twinkle in her eye right to the end"





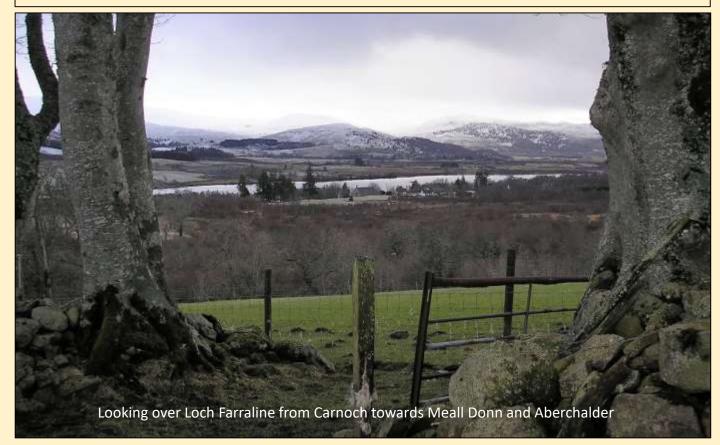


It is a disappointing end to the season for Boleskine Camanachd, but they still might avoid bottom spot in the North Division 2 Table as old rivals Inverness are not getting the goals in either. There is still some good shinty to watch. The Strathglass game on 12th August was tight with the Boleskine visitors losing by a single goal. The home game against Glengarry (pictures above, thanks to Iain Cochrane, Facebook) on 29th July saw the Wasps lose 9 to 1. Glengarry is the runaway success this season leading the division in terms of goals and goal difference. <u>www.shinty.com</u> Just a few months ago it was Spring! Here's Brian's poem about a special place.

Spring, Aberchalder Woods

As I walk beneath budding boughs and listen with joyous heart to the lusty melodies of Spring. Blackbirds trill and song thrush thrill. Buzzards plaintively mew, a woodpecker knocks on the Alder door. Reynard glides with lithesome grace, his russet coat a ruby among the verdant growth. Brock makes his way with easy sway along the woodland way. A flash of gold delights the eye as a Roe buck dashes by. How fortunate am I, How fortunate am I.

Brian Clarkson, Farm Cottage, Easter Aberchalder





Back Issues of the Stratherrick and Foyers NEWS

If you have missed a paper copy of an issue of the Stratherrick and Foyers NEWS, we have a few copies of some editions available on request. There is no charge. Text or call 07525 120966



Have you got news? Tell Strathnews! next issue due December

'Nae Plans' – the off-the-cuff Scottish Folk Show is coming to Stratherrick this September. Audiences across Scotland have been enjoying a different kind of evening at Nae Plans gigs with performers Adam Sutherland from Stratherrick and Hamish Napier from Strathspey. The lads have been building on their reputation gained during many collaborations with the finest and most exciting line-ups of Scottish musicians this decade.

This is the first visit to Stratherrick for the 'Nae Plans' Show following performances in Leith, Kirkcaldy, Thurso, Comrie, Wick and Drumnadrochit. We are expecting a truly local flavour but you can get an idea of what is in store at their website. www.naeplans.co.uk

Come prepared to enjoy yourself at the Stratherrick Public Hall, Saturday 23 September 2017, 8pm, BYOB, £8 on the door.



Stratherrick Hall, Gorthleck Saturday 23 September 2017



Foyers Pier has a new owner. Foyers Pier Limited, registered at Antfield, Scaniport, has erected new signs around the quay showing their website address and their contact phone number 07377423051 <u>http://foyerspier.com/</u> The Kelvin Way cottages have also been purchased and are being refurbished.

Greencoat Wind, the leading renewable energy infrastructure investment firm has purchased the 69.5 megawatt Corriegarth Windfarm from Chicago-based developers Invenergy. Invenergy has contributed community benefit funds to Stratherrick and Foyers Community Trust, which is expected to continue from the new owners. The windfarm and the 23 Enercon E-82 E4 wind turbines were sold for £181million. http://www.greencoat-ukwind.com/

Corriegarth Windfarm Changes Hands



What's in a name?



Thain Road in Whitebridge is named after Father Charles Thain. Father Charles was the Catholic Priest for the parish from 1930 to 1956. He is commemorated in the Catholic Burial Ground with a simple stone set in the middle of the top wall.

THE DEADLINE FOR NEWS AND REPORTS FOR THE NEXT ISSUE IS MONDAY 20 NOVEMBER 2017

SSE's Stronelairg Deliveries

Wind turbine deliveries begin at SSE's Stronelairg wind farm soon. If you are heading west or south via Fort Augustus, you might be held up a while as vehicles climb up to the Glendoe Hydro Road end. There are no deliveries planned over Christmas and New Year. Ed.

Here is a message from Corinna Scholes SSE's Community Liaison Manager

Construction of energy company SSE's 66 turbine Stronelairg wind farm, near Fort Augustus, reaches an important milestone next week as the first turbine components make their way to site.



Following a number of successful delivery trials, the site will receive blades, turbine tower sections and components over a 14 week period for its first fourteen turbines. The deliveries will start on 4 September, via two different routes; one from Skye and one from Corpach.

This first batch of deliveries is expected to be completed, weather permitting, by the end of November. Deliveries are set to commence again in early spring 2018, when the remaining turbines will make their way to the site.

On Monday 4 September, components will start to be delivered to site from Corpach harbour. The delivery route will encompass the local road network travelling on the A830 from the harbour then onto to A82 trunk road heading north and finally turning right onto the B862 to the site entrance.

From 14 September, the turbine blades will also be travelling from the Broadford Aerodrome in Skye, having been transported there from Kyle of Lochalsh Harbour. This route encompasses the local road network, then onto the A87, A887 and the A82 before turning right in Fort Augustus onto the B862. Details for these routes have been agreed with the Highland Council, Police Scotland and Transport Scotland.

Corinna Scholes said: "The delivery of the first turbine components to site is a significant milestone for Stronelairg. The deliveries will be slow moving under police escort who will ensure that they take place safely and with as little disruption to other road users as possible. Access will be maintained for emergency vehicles and vehicles will be able to pass the delivery vehicles safely at a number of points along the route as guided by the police.

"We would like to thank the communities in advance for their patience during the deliveries."

Should anyone have any questions or would like to raise any issues during or after the deliveries, please contact Corinna Scholes at <u>Corinna.scholes@sse.com</u> Further information on the Stronelairg project and the deliveries can also be found on the project website: <u>www.sse.com/stronelairg</u>.

Visiting Pitlochry? The hydro visitor centre is open at the fish ladder. Details at http://www.pitlochrydam.com/

Stronlairg to Loch Laggan

For most folk today, Garrogie, or Loch Killin Lodge is at the end of the road. This wasn't always the case. Beyond the now-demolished Stronlairg Lodge, a path led southwards, over the Monadhliaths towards Glenshero, Strathmashie and Loch Laggan. Here is a letter just received from Mr Graham Grant of Laggan, Upper Speyside who is keen to learn more. Can you help?

Dear Stratherrick and Foyers News.

I write from south across the Monadhliaths, in Laggan. At present we have a slight connection to your area in the construction of the power cable from the big new Stronlairg windfarm coming over to connect to the Beauly-Denny pylon line at a huge new sub-station in Glenshero.

In the past, however, there are tales of a track which the Laggan folk could take, over the hills to Stratherrick on their way to Inverness. This high and remote route up the southern Glenmarkie, past Loch na Larig to Stronlarig, Garrogie and Killin down to Whitebridge, is also said to have been used by funeral parties carrying their dead from your area to be buried at St Kenneth's chapel on Loch Lagganside. Information on this 'coffin road' is very scant.

In Laggan we are researching the history of the 6 sites of churches in the parish are very interested to find out anything about this ancient track and its uses.

If anyone has any information or stories which would help we would be most grateful to hear them.

Graham Grant. 01540673215 grant394@btinternet.com



?????

Who knows the story of this cairn – that stands beside the B862 road near Dalcrag and Bridge of Loin? Who was the woman from Ardachy and what happened in 1909? Please let us know at Strathnews, Evergreen Inverfarigaig, IV2 6XR



How to apply for a Grant Download all forms and guidance notes at

http://www.stratherrickcommunity.org.uk/grants-system

You can apply at any time for the Trust Grant Schemes. The Trust meets to consider grant applications six times a year. Our deadlines and assessment period mean you can expect a decision on your application between six and ten weeks from when you submit it. The Trust cannot make retrospective grants so please apply and get a decision before incurring any costs.

Group Application Form – up to £10,000

These make up the bulk of our grant awards and are available for constituted, not-for-profit groups and organisations run to benefit people living in the Stratherrick and Foyers area. Groups can apply for two grants per year.

Non Constituted Group for Community Benefit form – up to £1,000 For use by individuals organising an event to benefit members of the community.

Student Grant Form. – up to £500 per year

For anyone undertaking a further or higher education course or training - includes the Open University. No upper age limit.

<u>Sporting Grant Form.</u> up to £250 for each grant, and two applications permitted each year for anyone competing at National or Championship level or participating in a recognised training camp as a trainee.

Energy Saving Grant Form – up to £500

Available to any homeowners in the area for making energy saving improvements to their own residential property only. Improvements might include insulation, renewable energy systems or other measures recommended by Home Energy Scotland.

Hardship Grant Form – up to £500

Please contact the Project Coordinator for a confidential discussion about anyone you know in particular hardship or your own circumstances.

Higher Value Grants and Projects - contact the Project Coordinator with any ideas.

Details of the Apprenticeship Scheme are on line at <u>www.stratherrickcommunity.org.uk</u>

Grant Helpline 07525 120 966 call or text – We can call you back.

You can call the Project Coordinator to discuss any aspect of the grants system or to arrange a meeting at a time to suit you.

If you want a paper copy of any form, text your name and postal address – and the grant you are interested in - to 07525 120 966 and we will send you the application form and the appropriate guidelines.

Or if you e-mail <u>admin@sfctrust.org.uk</u> we will email you the appropriate form and guidelines which are also available for download now at <u>http://www.stratherrickcommunity.org.uk/grants-system</u>



The following grants were awarded at the Board meeting held in August 2017

Grants awarded to Constituted Community Groups (3)

Friends of the Inverness Royal Academy (Additional outdoor and indoor activities and trips for resident young people of secondary school age including funds to assist with individual students participating in exchanges and educational trips organised through the school.) £7,935 **Boleskine Camanachd** (Equipment for young players) £1,000

Stratherrick Public Hall Committee (Funding for the hall's operating expenses to allow community groups to use the Hall without charge for a three year period from 1 September 2017) £18,755

Energy Saving Grant (1) Craig Lightbody (Solid Fuel Flue) £500 Student Grants (5) Each grant was £500.

Andrew Stocks, Gill Gray, Ewen Fraser, Maire Brown and Cameron Jones.

The total approved by the Trust Board in August was £30,690 on 9 Grants.

No Sporting Grants or grants to Non-constituted groups were awarded in this period.

The next Grant Meeting is scheduled for 4 October 2017. The deadline for applications for this round was 23 August 2017 and applications are being assessed during September. You can still apply to all schemes for the next round. The deadline for completed forms to be returned is Monday 23rd October 2017. Grant application forms can be downloaded from the Trust website. <u>www.stratherrickcommunity.org.uk</u> Paper forms are available – contact Laura Walker-Knowles, Trust Administrator on 07464 394 276 – <u>admin@sfctrust.org.uk</u> or Steven Watson, Project Coordinator on 07525 120 966 <u>pc@sfctrust.org.uk</u>

HOW TO JOIN THE TRUST

You can help shape the future and improve your community by joining up as a member of Stratherrick and Foyers Community Trust. Membership is open to all residents over 18. There is also a Junior membership category. There is no charge to join, and members can only ever be asked to contribute one pound. Once you are a member you can attend and vote at the Trust AGM and stand for election as a volunteer Trust Director. There are vacancies every year. You can help decide how the Trust uses the Community Benefit Funds and what new initiatives the Trust should support in future.

Download a Membership Application Form at

www.stratherrickcommunity.org

Call or text 07525 120 966 and we will send you out a paper form or email <u>admin@sfctrust.org.uk</u> and we will send you an electronic copy.

Public Services Listing September 2017

If there is information you think we should add for the next issue, or you spot any errors, please e-mail strathnews@sfctrust.org.uk

Foyers Medical Centre – East Loch Ness and Strathnairn Medical Practice	
Police – Non Emergency or to report a crime	
Fire – Free Home Safety Check	0800 0731999
Medical, Police, Fire, Loch or other Emergency	Phone 999
Raigmore Hospital Switchboard	01463 704000
Highlife Highland	. 01463 663800

Highland Council

General enquiries, comments, compliments or report a complaint	01349 886606
Ward Manager (Ward 12) Charles Stephen	01463 785010
Councillor Margaret Davidson	01463 861424 / 07818015689

Schools

Foyers Primary School	01456 486612	(Snow Code 042070)	Recorded Severe weather
Stratherrick Primary School	01456 486630	(Snow Code 043060)	Information Line Number
Bun-sgoil Ghàidhlig Inbhir Ni	s 01463 725980	(Code Sneachda 043280)	0800 564 2272
Inverness Royal Academy	01463 222884	(Snow Code 041100)	
Drummond School	01463 701050	(Snow Code 041910)	and use the code shown for
Kilchuimen Academy	01320 366296	(Snow Code 041110)	your school.

Constituency MSP – Kate Forbes – Dingwall 01349 864701
Constituency MP – Drew Hendry – Inverness 01463 611024
D&E Coaches Inverness 01463 222444
Stagecoach Inverness Bus Office 01463 233371
Caledonian Canal Inverness Office 01463 725500
Fort Augustus Visit Scotland Information Office 01320 345156
National Rail Enquiries
Albyn Housing 01349 852978
Caledonian Sleeper Train0330 0600500

Stratherrick and Foyers Community Trust - Call or text **07525 120 966** for information, grant application forms or to let us know of a story to cover in a future edition of the NEWS.

Mobile Library Dates and Times

Wednesdays (Route 3) Aldourie - Torness - Errogie - Foyers - Inverfarigaig – Dores

Dates for 2017: 27 Sep, 18 Oct, 08 Nov, 29 Nov, 20 Dec. 10.30 - 10.40 Torness, 11.00 - 11.15 Errogie Church 11.40 - 12.20 Lower Foyers Riverside 12.30 – Park Terrace house bound 13.35 - 13.55 Foyers, Glenlia Road 14.05 - 14.40 Foyers Primary School 14.50 - 15.05 Foyers Coach House 15.15 – 15.40 Inverfarigaig / Hillhead 16.00 – 16.40 Dores Inn



Thursdays (Route 12):

Daviot Primary School - Gorthleck - Stratherrick Primary School - Whitebridge - Errogie – Farr

Dates for 2017: 21 Sep, 12 Oct, 02 Nov, 23 Nov, 14 Dec. 12.00 – 12.15 Gorthleck Public Hall 13.15 – 13.55 Stratherrick Primary School 14.00 – 14.25 Whitebridge Old Post Office 15.00 – 15.35 Errogie Bridge before "Ark" **30**



Here are some of the local businesses which serve our community.

Camerons' Tearoom and Farm Shop, 01456 486572, also on Facebook <u>www.lochnesscottage.com</u> Craigdarroch Inn, 01456 486400, <u>www.thecraigdarrochinn.co.uk/</u> Foyers Stores, PO & Waterfall Café, 01456 486233, <u>http://foyersstoresandwaterfallcafe.co.uk/</u> Whitebridge Hotel, 01456 486226 <u>www.whitebridgehotel.co.uk</u> Loch Ness Shores Caravan and Camping Park, 01456 486333, <u>www.lochnessshores.com</u> Lynn Mhor Croft Pork and Eggs, 01456 486291 (Facebook, Lynn Mhor Croft) Morag's Crafty Bothy, Foyers 07592604249, <u>www.moragscraftybothy.com</u> Stratherrick Community Hall, Gorthleck 01456 486205 Riverside Gallery and Picture Framing <u>www.riverside-gallery.co.uk</u> 01456 486350 (Hugh Nicol) Aberchalder Plumbing Services, 01456 486283 (Neil Kirkland) Greensparks, 01456 486291 <u>www.greensparks.com</u> (Rob Mullen) Wildside Lodges, 01456 486373 <u>www.wildsidelodges.com</u> West End Garage, Fort Augustus Garage 01320 366247, Johnnie Mobile 07889792685 and Robert 07796435380 West End Garage, Home / 24hour breakdown 01320 366426, <u>www.westendgarage.org</u>

Highland Acupuncture 01456 486628 <u>www.highlandaccupuncture.co.uk</u> (Johanna Schuster) William Fraser Haulage, Gorthleck 01456 486287 Scottish Highland Art, Torness <u>www.highlandart.com</u> (Ros Rowell) Cabar Feidh Bagpipe Supplies / Tuition <u>www.cabarfeidhpipes.com</u> (Brian Yates) Internet Service - Tourism Site Fix, Inverfarigaig <u>www.tourism-site-fix.co.uk</u> 01456 486631 (Andy Holt) Neil M Ferguson Plant Hire, Stratherrick 01456 486771 / 07833 551993

Guitar and Ukulele Tuition 07979398517 (poor reception) or 01456 486774 <u>www.parrotmusic.co.uk</u> (Moteh Parrott) JT's Seafood Van from Portsoy (Fridays) 01261 843106 / 07921 864979 (John /Steve), on Facebook Steadings Hotel / Grouse and Trout Restaurant, (Flichity Inn), 01808 521314,<u>www.steadingshotel.co.uk</u> Dores Inn, 01463 751203 <u>www.thedoresinn.co.uk</u> (Shuttle Bus) Bank of Scotland, Fort Augustus – Tuesdays and Thursdays 1000-1500hrs only.

Libra Holistics – Therapies - <u>www.libraholistics.com</u> 01456 486562 (Lindsey McNaughton) Foyers Pier Ltd. 07377 423051 <u>www.foyerspier.com</u> S.B. Building, General Building Services, Foyers 01456 486297 or 07773 155367 (Shaun Burton) Andrew Fraser, Building Contractors, Errogie 01456 486381 DJD Fencing, Treework and Hard-landscaping - 07881 456627 (Davie Drummond) Forestry and Rural Services - 07881 349814 / 01456 486729 <u>timothyjohnlucas@gmail.com</u> (Tim Lucas) A.R.P. Andy Rule Plant, Fraser's Yard, Gorthleck 01456 486274

New Listing - Cromarty Firth Wireless Networks - 01349 805040 <u>www.cfwn.co.uk</u> New Listing – Yoga Classes, Christiane Morley - 01456 486649 <u>www.inspiration-scotland.com</u>

If you are based in our area or offer a special service to our area we can list your business here. Businesses listed are not endorsed by the Trust. There is no charge.

If there is information you think we should add for the next issue – or you spot any errors, please e-mail strathnews@sfctrust.org.uk

"Two top musicians get together with no idea what they will play, no previous discussion, and just let the music come, unique and impressive...will blow the listeners away!" DAREDEVIL SCOTTISH FOLK DUO FIDDLE, PIANO, SONGS, FLUTE Saturday 23 September 2017 * marvellously organic and intensely alive, terrifically accomplished and thritlingly unpredictable. Stratherrick Hall, Gorthleck Music from Adam Sutherland & Hamish Napier at naeplans.co.uk * Tickets £8 on door The Living Tradition The Scotsman * * * * 8.00pm BYOB Friday 20th & Saturday 21st October, 7.30pm BUNKERED (from members or Foyers Stores or pay at door) Stratherrick Public Hall Loch Ness Luvvies by Lynn Brittney Amateur Dramatics Ticket £6 Present